

S T R E S S I N T H E M E I S S U E

06

EDITORIAL:
WORTH THE WEIGHT?
THE CHALLENGES OF USE OF SECOND
GENERATION ANTIPSYCHOTICS IN PAKISTAN

MOWADAT H RANA, ROOP ZAINAB RANA

08

ORIGINAL ARTICLE:
PARENTAL STRESS AND AUTISM:
DIFFERENCES IN PERCEIVED STRESS AND COPING BEHAVIOR

NELOFAR KIRAN RAUF, M. ANIS-UL-HAQUE, RAIHA AFTAB

12

ORIGINAL ARTICLE:
PERCEIVED STIGMA SOCIAL SUPPORT AND
PSYCHOLOGICAL WELL BEING IN HIV PATIENTS

SUNNIYINA TUFAIL, RAFIA RAFIQUE, FATIMA KAMRAN

16

ORIGINAL ARTICLE:
BURNOUT AMONG MEDICAL DOCTORS:
EXAMINING THE ROLE OF OPTIMISM AND PESSIMISM

UME LAILA, RUBINAHANIF, TASNIM REHNA

20

ORIGINAL ARTICLE:
DEVELOPMENT AND VALIDATION
OF RESILIENCE SCALE

SUMMAYA ANWAR, IFFAT BATOOL, YA. SAKINA, SHAHRUKH TARIQ

26

ORIGINAL ARTICLE:
FREQUENCY OF INSOMNIA AMONGST MEDICAL STUDENTS
AND ITS CORRELATION WITH DEMOGRAPHIC VARIABLES

DAULAT RAM, M. IQBAL AFRIDI, CHOONI LAL, MUHAMMAD ASHAR WAHEED KHAN,
FATIMA TAUFIQ, VIJIA KUMAR GEMNANI

28

ORIGINAL ARTICLE:
EVALUATION OF MENTAL HEALTH OF STUDENTS RELATED TO
MEDICAL FIELDS IN QUETTA, PAKISTAN: A CROSSECTIONAL STUDY

NOMAN UL HAQ, SOHAIL RIAZ, AQEEL NASEEM, MARIA TAHIR, NISAR AHMED

30

ORIGINAL ARTICLE:
EMOTIONAL ISOLATION MODERATING THE RELATIONSHIP BETWEEN
PEER RELATIONAL PROBLEMS AND PSYCHOLOGICAL DISTRESS

RABIA SHAFIQ, JAMIL A. MALIK

36

ORIGINAL ARTICLE:
SLEEP QUALITY AND PSYCHOLOGICAL
DISTRESS AMONG UNIVERSITY STUDENTS

RABIA KHAWAR, RABIA MARYAM, ATTIA SULTANA, SAIMA SAEED, M. USMAN KHAWAR



39

ORIGINAL ARTICLE:
COPING STRATEGIES: A DETERMINING FACTOR
FOR PSYCHOLOGICAL WELL-BEING IN CANCER PATIENTS

AQSA SAJJAD QURESHI, RUQIA SAFDAR BAJWA, IRAM BATOOL

44

SHORT COMMUNICATION
FEMALE BULLYING VICTIMIZATION IN
POST-CONFLICT BAGHDAD, IRAQ

HIBA DHARI, EMAN A. AL-KASEER, JAWAD K. AL-DIWAN, HASSAN M. ABDULHUSSEIN4

45

CREATIVE CORNER:
Title ??????????????

NAME ????????????????

46

INSTRUCTIONS TO THE AUTHORS